

Lung Cancer in SLE: An Update

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Abstract: Objective: An increased lung cancer risk in systemic lupus erythematosus (SLE) has been previously suggested. Our objective was to provide an updated analysis of the lung cancer cases from a multi-site international cohort study, including descriptive statistics of the demographics (age, sex, and race/ethnicity) of cases, as well as the histology.

Materials and Methods: Data were obtained from an SLE sample of 16,409 SLE patients across 30 centers. Cancer occurrence was ascertained through linkages with regional tumor registries.

Results: We analyzed 85 lung cancers that had occurred across eight countries. The average age of the SLE patients at lung cancer diagnosis was 60 years and the majority (83.5%) of these cases was female. The average SLE duration at the time of cancer diagnosis was 11 years. Histological type was specified in 32 cases with adenocarcinoma reported as the most common histological type (N=16), followed by squamous cell carcinoma (N=8) and small cell cancer (N=6) and adenosquamous cancers (2).

Conclusion: Our results suggest a similar histological distribution of lung cancers in SLE to that of lung cancer in the general population with a possibly increasing proportion of squamous cell carcinomas.

Keywords: Lung cancer, systemic lupus erythematosus, Malignancy.

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An association between systemic lupus erythematosus (SLE) and an increased risk of lung cancer has been suggested in several cohort studies over a number of years [1, 2]. When compared to the general population, there is evidence for an increased risk in SLE, not only of developing lung cancer, but of dying from it [3]. An updated multi-site international cohort analysis by Bernatsky *et al.* involving 16,409 patients across 30 centres, further confirmed the increased risk of lung cancer with a standardized incidence ratio of 1.30 (95% CI 1.04, 1.60) [4]. An earlier assessment of lung cancer cases in SLE had suggested that the histology of these lesions resembled that of the general population [5]. Our current objective was to provide an updated analysis of the lung cancer cases from this updated multi-site international SLE cohort to determine the descriptive statistics of the demographics (age, sex, and race/ethnicity), as well as to profile the histological distribution of cases.

1. MATERIALS AND METHODS

The cohort was assembled in the context of the international cohort study of cancer in 16,409 SLE patients, observed for 121,283 (average 7.4) person-years across 30 centres. For initial enrolment into this cohort, patient eligibility was based on American College of Rheumatology (ACR) criteria or a clinical diagnosis of SLE; however, the cohort in Scotland was assembled using administrative data. The lung cancer cases were distributed across 20 centres in 8 different countries (in Canada, the United States, England, Denmark, Sweden, Scotland, Korea and Iceland). Information on date of birth, sex and race/ethnicity was available, along with the date of SLE diagnosis. Cancer occurrence was ascertained through linkages with regional tumor registries, which provided information on cancer type and date of occurrence and, for 14 registries, histology codes. We assessed the demographic characteristics for all invasive lung cancer cases occurring any time after SLE diagnosis, and information on histology types was analyzed from the 14 centres where this information was available. We also compared our results to the expected histological distribution of lung cancers in the general population. This work has been approved by the appropriate ethical committees related to the institutions in which it was performed, and subjects providing informed consent where applicable.

2. RESULTS

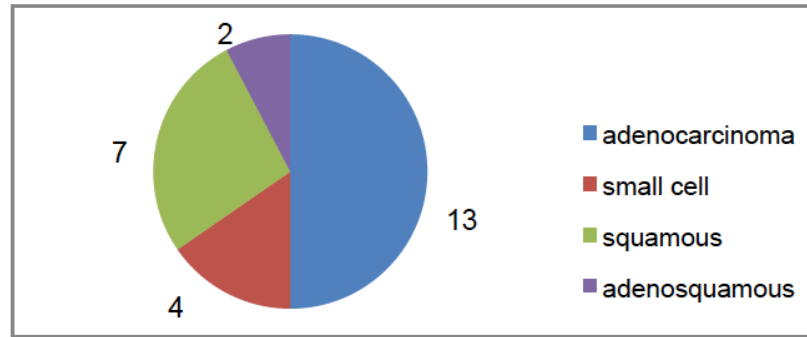
We studied 85 lung cancer cases that had occurred in the SLE patients after cohort entry, for a rate of 0.7 lung cancers per 1000 person-years. Since SLE is a disease primarily of females, the majority of these cases were female (N=71, 83.5%). The average age of the SLE patients at lung cancer diagnosis was 60 years (median 61, standard deviation, SD 11.3). The average SLE duration at the time of lung cancer diagnosis was 11 years (median 8, SD 11.8). Race/ethnicity was not provided by 2 centres, Scotland and Alberta (21 cases). Of the remaining 64 lung cancers, the majority were Caucasian (N=48) followed by 10 African-American, 1 Asian, 1 Hispanic and 4 of other racial/ethnic origin. Of the 14 male SLE cancer cases, data on race/ethnicity was known for 8, and all of these were Caucasian.

As mentioned, histology codes representing lung cancer type were provided by the cancer registries serving 14 centres (49 cases). Within those 49 cases, 15 were carcinomas not otherwise specified, with 2 others being documented as non-small cell cancer but of unknown subtype. Out of the remaining 32 cases, the most common histological type reported was adenocarcinoma (N=16, 50% of 32 cases) followed by squamous cell carcinoma (N=8, 25%) and small cell cancer (N=6, 18.7%). The remaining 2 cases were adenosquamous cancers (6.2%). These 32 lung cancer cases of known histology occurred in 26 women and 6 men; the relative proportion of lung cancer types in females versus female SLE patients is presented in Figure 1. This indicates that in both male and female SLE patients, the most common cancer type was adenocarcinoma; additionally 7 of 26 (almost one-third) of the female lung cancers were squamous cell carcinoma, while only one of 6 male lung cancers was squamous cell carcinoma.

3. DISCUSSION

In the general population, the median age at lung cancer diagnosis is 71 years (interquartile range 64–78 years) in the United Kingdom [6] and 70 years in the United States, according to the Surveillance, Epidemiology and End Results (SEER) program from the National Cancer Institute [7]. The median age of our SLE patients at lung cancer diagnosis was 61 years, which likely reflects the relatively young age distribution of our SLE cohort (since SLE often affects individuals of workforce age). In the general population, the highest lung cancer incidence rates in females are found primarily in the Caucasian population [8]; which

Lung cancer types in females with SLE (N=26)



Lung cancer types in males with SLE (N=6)

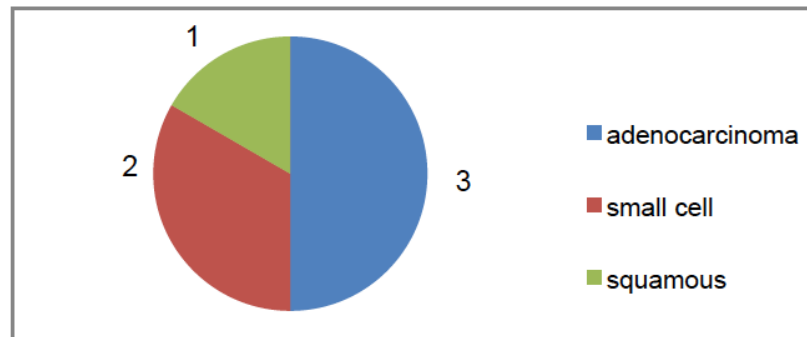


Figure 1: Lung cancer types in female versus male patients with systemic lupus (SLE).

is consistent with the fact that the majority of female lung cancer cases in our SLE cohort occurred in Caucasians (though admittedly, like the populations they are drawn from, the majority of the cohort subjects were Caucasian).

According to data published by the SEER program assessing a total of 201,067 lung cancer cases from 1998 to 2001, adenocarcinoma is the most frequent histologic type in women and men (41% and 33%, respectively), followed by squamous cell carcinoma (15% and 24%, respectively) [9, 10]. The remaining types (large cell, small cell and others) are roughly equal in males and in females (representing about 45% of the remaining cancer types) [12]. In our SLE study population, which is composed mostly of females, adenocarcinoma was indeed the most common carcinoma; this histology made up half of the lung cancer histology in women and in men with SLE. Squamous cell carcinomas was also the second most common histology type in our SLE patients, and made up 27% of the lung cancer histology in female SLE patients, and 17% of the lung cancer histology in male patients. The slightly higher percentage of squamous cell carcinomas in females with SLE (27%) versus the general population of females (15%) is a strong trend

(the 95% confidence interval for the difference between proportions is -0.02, 0.27 and thus just scarcely includes the null value). It is interesting that there were no large cell lung cancers noted in the SLE patients, since about 9% of lung cancers in the general population are large-cell carcinoma.

In the general population, small cell and squamous cell carcinomas are nearly always associated with smoking [11]. Squamous cell carcinoma rates have been declining in males but gradually increasing in females, possibly related to the increasing number of females that smoked after the 1950's, which now results in a more similar proportion of male and female smokers in much of the developed world (as opposed to fifty years ago, when the vast majority of males were smokers) [12]. A recent study published by the National Cancer Registry of Ireland calculated that from 1994 to 2009, the incidence of squamous cell lung carcinoma in women has increased by 1.3% annually. However, at the same time, the incidence of adenocarcinoma in women has increased by even more (6.5%) annually [13, 14]. Thus, it is intriguing that there should be such a higher than expected number of squamous cell cancers in our female SLE patients.

Smoking is likely an important factor for lung cancers in SLE. Our previous analyses (in a case-cohort sample from the large international multi-centre SLE cohort) demonstrated an increased risk of lung cancer among SLE smokers versus SLE non-smokers [15]. In our current study sample, we do not have information on smoking and immunosuppressive medication for all subjects with lung cancer. In our earlier assessment of lung cancers in SLE, we noted that most (71%) of the lung cancer cases in SLE patients were smokers, while exposure to immunosuppressants occurred in only 20% of these subjects

In summary, the histological distribution of our population of SLE patients with lung cancer was similar to the general population, although the possibility of a greater proportion of squamous cell carcinomas in the SLE population cannot be ruled out.

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CONFLICT OF INTEREST STATEMENT

None of the authors have a conflict of interest.

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